



MAHAKALA PUJA 2020

Food Health and Safety Guidelines for Kitchen Helpers and Participants

Kitchen Helpers are required each day to keep the cost of the Puja affordable and for health and safety precautions.

Every day we will require a minimum of two helpers to assist our kitchen chef Suat K. Kitchen helpers will not attend the morning sessions, but are requested to perform the following tasks:

During the morning session:

- Prepare lunch under Suat's guidance.
- Set up the lunch serving table (just before 12pm).
- Serve participants lunch (no self-serve).
- Wear apron, gloves and mask while serving food.

After lunch:

Set up the afternoon tea table:

- Fill urn and place out food.
- Check supply of tea, coffee, sugar.
- Place cups, spoons and crockery on the table.

Afternoon Tea:

- Close to 3:45pm, exit the Puja and prepare afternoon tea table (if not already prepared – eg, place out biscuits etc.).
- Cut fruit for the next break (if necessary).
- Leave a message for Michelle or Evelin if any supplies need refilling.

After the Puja:

- Set up tray on the breakfast table for the next morning:
Defrost bread etc overnight and fill the urn.
- Tidy up rubbish bags.

Nalandra is observing the government's health and safety guidelines very closely. Therefore please:

- Use your masks when social distancing cannot be maintained.
- Clean up after yourself after each meal.
- Don't leave used cups plates or cutlery lying around, place them straight in the bin.